

VK ROCA TIRAVAL

The most explosive of our races. From Bagà to the top of Roca Tiraval, a privileged vantage point over Bastareny and Alt Llobregat valleys with breathtaking views of Moixeró range, Cadí range, Montgrony range, Taga, Catllaràs and Sobrepuny... views are worth the effort!

Consistent with our understanding of mountain races, we propose a direct itinerary to the top of Roca Tiraval, combining steep sections with faster ones, clean & fast trails with other more technical.

Return to Bagà will be on your own and we suggest to do it following the same track and following the race signs.

ASCENT

Start line will be located at Plaça Catalunya in Bagà, descending to Bastareny river and crossing Pont de la Vila (s. XV) -lowest point-. Here you will start the ascent by the Parc de la Vila stairs and then taking the trail that will lead you to the top of Siti hill by an steep and broken terrain.

From Siti you'll follow the trail to the track connecting Vinya Vella and Sant Joan sources, and cross it to take another shadowed trail to Santa Fe de Quer chapel (s. XVIII) and Quer house, where the only refreshment point on route will be located (liquid).

From there, the trail widens and faster until it gets into Torrent de Turbians, where once in, will take the trail at right to start the last section of the race. Last section combines forest, technical terrain and very steep terrain, as presents a 37% of average gradient, in only 600m you'll climb the last 225m of the race.

DESCENT

Downhill and return to refreshment-snack point at Bagà will be made in a organized manner through the same ascent route, following the signs.

Runners still on race (climbing) will have priority at all times.