

**COMPETITOR DECLARATION – VK ROCA TIRAVAL**

I have read and accept the terms and conditions of the event to be held on 15/08/2020

I am physically and mentally prepared and I have had medical check-ups to ensure I am healthy and do not suffer from any diseases, allergies, physical impairments, injuries or cardiorespiratory conditions that may prevent me from taking part in this event.

I am aware that this event comes with an extra element of risk. I am fully responsible for the risks and consequences derived from my participation in the event.

If I suffer any injury or any other circumstance that may harm my health, I will contact the event organisers as soon as possible.

I will abide by the rules and safety protocols established by the organisers and behave responsibly, in order to avoid increasing the risk to my physical and mental health. I will follow all the instructions and decisions taken by the organisers to guarantee my safety.

I provide consent for the medical professionals at the race to conduct any tests or provide any medical care required at any point in the event, with or without my express consent. If they so advise, I agree to pull out of the event and to be taken to hospital, if deemed necessary for my health.

Bib Number..... Name and surname.....

Spanish ID No/Foreigner's ID No/Passport No.....

Address.....

Postcode ..... City/Town .....

Mobile no..... licence ..... no.....

Signature

BAGÀ, 15 August, 2020

OPTIONAL: IN CASE OF AN EMERGENCY, PLEASE CONTACT:

Name and surname..... Telephone no .....